## RF FACIAL AFTER CARE

- DO hydrate well after treatment as this may produce a better result.
- DO NOT vigorously rub the skin after treatment,
  DO gently wash your face and continue with
- your usual skincare routine.
- Do NOT undergo laser treatments, chemical peels, waxing, the use of depilatories, or microdermabrasion for 3-4 weeks after treatment.
- DO wait 7 days before resuming the use of Retin-a (tretinoin), Renova, Differin, Tazorac, Ziana, Veltin, Atralin, glycolic acids or any other exfoliating agents such as a Clarisonic Brush.
- DO expect some possible tenderness, swelling, warmth, and redness on the treated areas for a few days to a week after treatment.
- DO sleep on two pillows for the first 24-48 hours post treatment to decrease swelling.

IRIDESCENT MEDICAL SPA

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