

## **PERFECT DERMA PEEL AFTER CARE**

- **Resuming Skin Care Products:**
  - **o Non-Actives:** Can be resumed once peeling has subsided, usually day 6-7.
  - **o Actives:** Can be resumed once peeling has subsided and sensitivity has returned to normal, usually day 7-10.
- **Physical Activity / Exercise:**
  - **o Refrain for 72-96 hours after peel application.** Inducing excessive perspiration can lead to PIH or blistering.
- **Additional Skincare Treatments:**
  - **o It is recommended to wait for a minimum of 2 weeks before any treatment that creates exfoliation of the skin. (Includes facials, extractions, waxing, and threading)**
  - **o Consult with your practitioner for other treatment options.**
- **Follow the specific peel instructions, included in your post-care kit.**

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