

## **CRYOFACE AFTER CARE**

- **DO hydrate well after treatment as this may produce a better result.**
- **DO NOT vigorously rub the skin after treatment, DO gently wash your face and continue with**
- **your usual skincare routine.**
- **Do NOT undergo laser treatments, chemical peels, waxing, the use of depilatories, or microdermabrasion for 3-4 weeks after treatment.**
- **DO wait 7 days before resuming the use of Retin-a (tretinoin), Renova, Differin, Tazorac, Ziana, Veltin, Atralin, glycolic acids or any other exfoliating agents such as a Clarisonic Brush.**
- **Avoid Makeup for 24 hours post treatment.**
- **Avoid direct sun exposure following the treatment, and use SPF 30 or higher following the treatment as recommended by your provider.**

**IRIDESCENT MEDICAL SPA**

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